



United Way of the  
Dutchess-Orange Region



# DIAL 211

## Help starts here.

211 connects you to expert, caring help.  
Every call is completely confidential.

**Building on fire? Call 9-1-1.**

**Have a question about what to do after a fire? Call 2-1-1.**

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**Free and confidential service with translation in 250 languages. Open 365 days a year 24 hours a day.**

Our specialists are here to listen to you and assist you on the phone. They can give you information on many topics including:

- Food Access
- Housing and Shelter
- Abuse Prevention
- Government Services
- Services for the Elderly
- Mental Health Services
- Youth Programs
- Childcare
- Employment Assistance
- Substance Abuse Programs
- Developmental Disabilities Resource Database

**We serve the counties of Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester.**

**CALL US TODAY!**



800-899-1479 or 2-1-1



211info@hudson211.org



www.211hudsonvalley.org

